

Here is an overview of current PE sessions being taught by Luke and other teachers in school. All children are learning how to use the apparatus carefully, as well as learning new skills. Each year group are taught how to use the equipment sensibly, and safely, as well as learning new skills. Below explains what is expected of each year group.

UFS:

- Children to understand what is expected of them when using apparatus for it to be a safe learning environment.
- The children can observe and copy movement patterns on small apparatus.
- Children travel across the apparatus (benches) in different ways.
- Encourage children to enter and exit small apparatus safely.
- The children move around the hall safely avoiding equipment and others.

Year 1

- Children to understand what is expected of them when using apparatus for it to be a safe learning environment.
- Can find new ways to travel, enter, and exit safely both on small and large apparatus.
- Can safely perform basic jumps off apparatus applying the correct landing technique.
- Can perform a range of basic gymnastic balances and shapes whilst on apparatus.
- Can hold their own body weight off the floor for 30 seconds.

Year 2

- Children to understand what is expected of the children when using apparatus for it to be a safe learning environment.
- Work in small groups to find new ways of travelling on apparatus.
- Create a short gymnastics sequence including jumps, shapes and balances whilst on small and large apparatus.
- Perform short sequences to the rest of the class.
- When observing other pupils work they can give feedback on what was good and how it could be improved.
- The children can set up and put away safely the small apparatus. i.e. benches and mats.